COUNSELOR'S CORNER

Munson Primary School

kjacobs@usd263.org 777-0151 ext. 1606

Classroom Guidance Lessons

Elementary School Counselors provide classroom guidance lessons to all classrooms. Lessons are designed to support the district goals as well as state and national school counseling standards for all students

August - September Update

In August and September, our entire school uses this time to talk with our students about Zones of Regulation and our PAWS-itive Behaviors at school. If you would like more information, please let me know!

October Update

October is a busy month! We will focus on Red Ribbon Week and Anti-Bullying. Classroom Guidance lessons will also focus on helping students learn about how to handle big feelings and emotions.

□ Preschool Lessons

Daniel Tiger Life's Little Lessons: Mad Feelings

☐ Kindergarten-2nd Grade Lessons

Flipping Your Lid: Kiddos will learn strategies for using deep breathing to get back into the "smart part" of our brains when we feel stressed. I'll link information on my counselor page on the district website!

Upcoming Events

Anti-Bullying Awareness

By joint resolution, the Kansas State Senate and the Kansas State Board of Education, have declared the first full week in October as "Anti-Bullying Awareness Week." The theme for this year is: Choose Peace. Please check out my counselor page on the district website for more information.

Red Ribbon Week

The National Family Partnership organized the first Nationwide Red Ribbon Campaign. NFP provides drug awareness by sponsoring the annual **National Red Ribbon Campaign** 3. The theme for this year is: Send a Message, Stay Drug Free. Please check out my counselor page on the district website for more information.

Due to the nature of the material and our age of students, Munson Primary and Mulvane Grade School will combine both events into a School Safety Week. We will celebrate school safety October. 28th-Nov. Ist. We will focus on healthy choices, positive friendships, and inclusion.

Screenagers Event: October 14th

Hopefully you have had a chance to hear about the Screenagers Event October IHth at 6:30 pm. The event is free to the public. Contact me for more information!

a Note From The Counselor

Hi Kids and Families,

I'm excited to get into the classrooms again and start classroom guidance lessons! I will be able to get into each classroom at least once a month to support the awesome social emotional learning your child's classroom teacher has started!

If you have any questions or would like to know more about my role at MPS, please give me a call or check out the district website for more infol

Mrs. Jacobs

